



waste into wellbeing

Report on Waste into Wellbeing 2020

At the start of the year in 2020 everything was very positive! We were welcoming a new influx of volunteers with a series of face to face Induction sessions; planning on increasing the number of monthly Cafe sessions; welcoming 25 older vulnerable adults to a monthly Lunch Bunch, partnering Half Term lunches for kids and doing a modest waste food sharing from The Hub .We had just welcomed our new coordinator Stacy Hurley and were full of plans for moving the organisation forward.



Then the news about the spread of Covid at the end of February, caused us to stop in our tracks and review the safety of all our activities . We paused both the Cafe activity at the South Lakes Foyer and the face to face Lunch Bunch meals.

We immediately identified the things we could do differently, to help as part of the Community response to Covid 19. This included increased Food Sharing and delivering Lunch Bunch meals. The local national supermarkets and the council upped their community response and substantial food donations and grants became available to us .We reached out to other donors including local allotment holders and stately home kitchen gardeners as well as taking perishable stock from local food businesses who shut their doors . Our new coordinator Stacy focused on helping us to make all these new multi site operational challenges work and worked on grant applications that helped us keep the community fed.

Over the course of the year we ;

- a delivered twice monthly 2 course meal to a growing number of Lunch Bunch older people initially for 25 but rising to up to over 40 by the time we organised a delivered Christmas meal. In 2020 we delivered a total of 733 nutritious meals.





- ran 3 separate Food Shares a week from March until October offering pre filled shopping bags at Outside In (a soft play business who allowed us to use their space while they couldn't trade) ; at the Salvation Army and from outside Hallgarth community hall .

- ran 2 separate Food Shares from October onward from a new venue at Stricklandgate House and inside Hallgarth Community centre both offering a self serve style shop.

- we improved our supply chain of waste food by joining the national organisation Fare Share in Autumn 2020. In 2020 we redistributed 5041 kg of surplus food or 2995 bags of shopping which ultimately

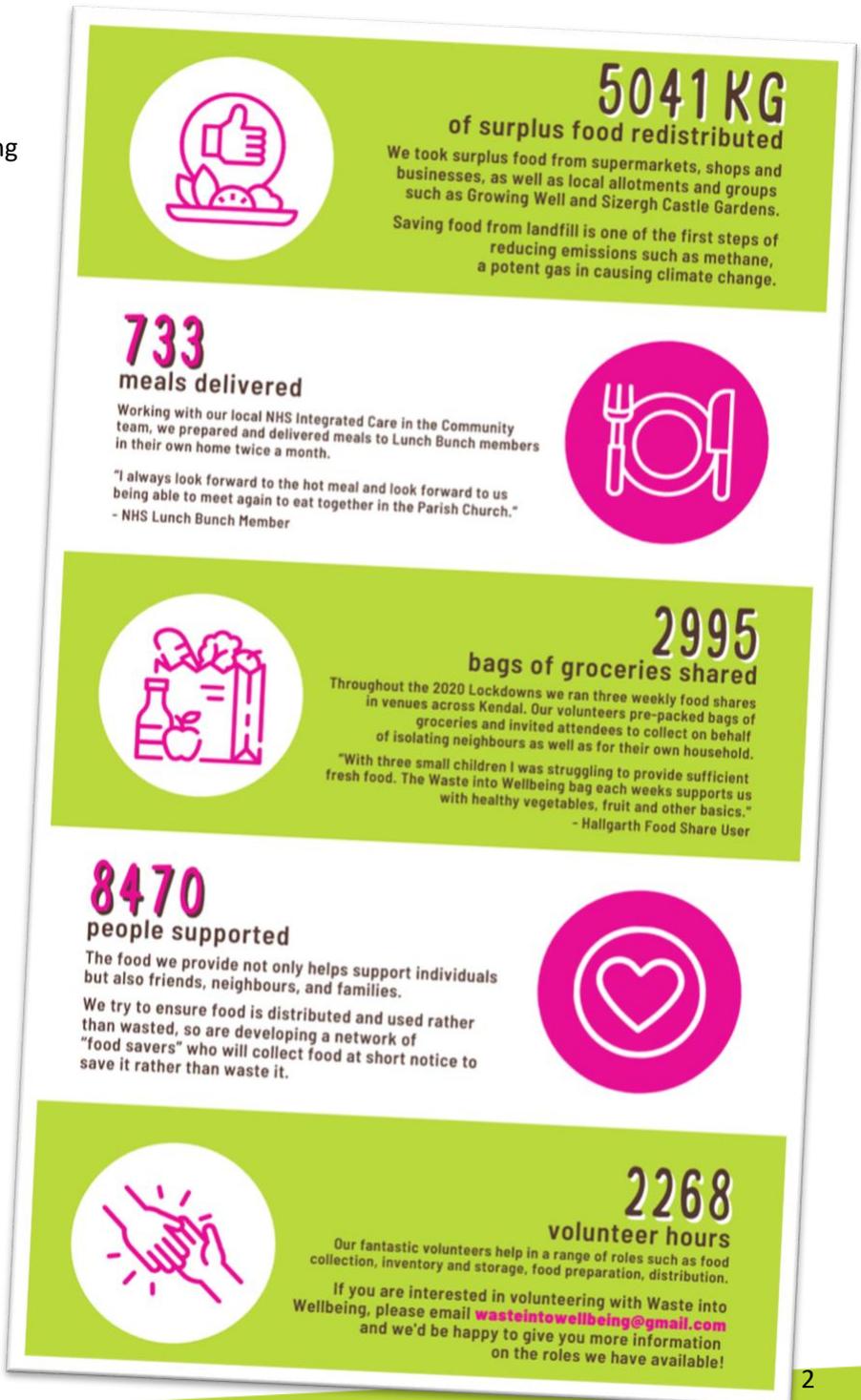
- supported 8470 people in families .

- we steadily acquired more volunteers offering their time whilst on furlough but of course some of our regular volunteers had to shield for themselves. During 2020 we clocked up a conservative total of 2268 volunteer hours .

Complying with the Covid rules has created challenges in food preparation and food sharing but all new guidance has been adopted and we have had no Covid cases arising in our work settings .

As an organisation we have been agile and committed in our responses to everything that we faced during last year and now look forward to opening up our operations again as Covid allows. We have excellent new contacts and partnership forged to build on in 2021

We are delighted on the impact we have had on people in the community in Kendal and district as reflected in the infographic



None of this would have been possible without support from the following and the individual donors who support us, you know who you are and a very big thanks. We would also like to thank the Mayor of Kendal for selecting us as the Mayors Charity in 2020 and the many local businesses that have supported us over the year.



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