

# Waste into Wellbeing

Understanding carbon benefits and its wider significance

April 2023

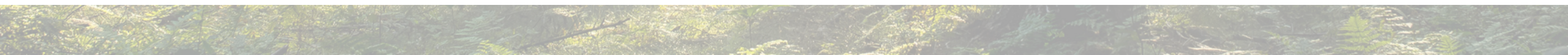




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- ✓ enhance and demonstrate your environmental credentials
- ✓ increase your B Corp Impact Assessment (BIA) scores
- ✓ meet tendering or funding requirements related to environment & carbon
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**Environmental  
certification**



**Carbon  
footprinting**



**Training on  
environment &  
carbon**



**Consultancy on  
environment &  
carbon**



**Buildings  
& energy  
assessments**





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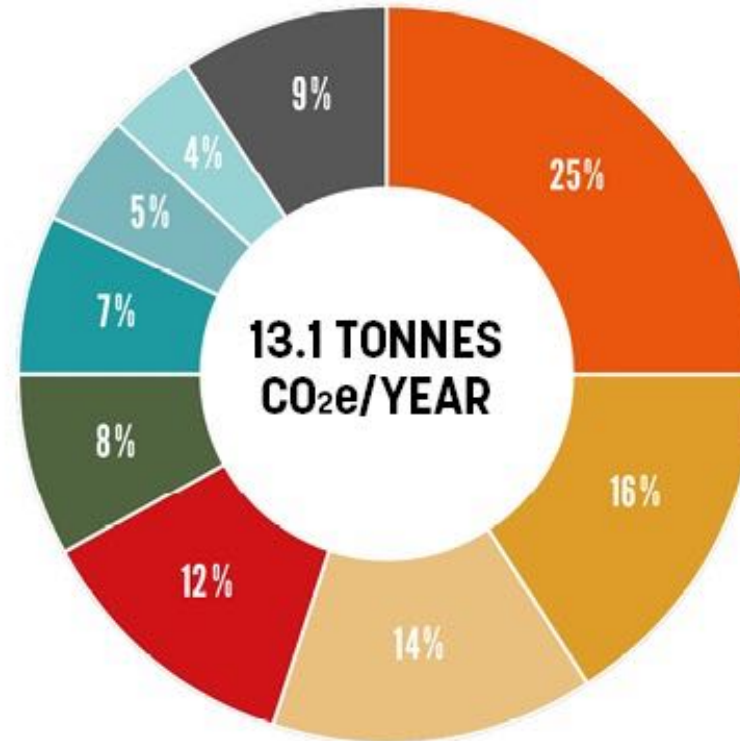
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- Introduction
- A (very!) brief introduction to carbon footprinting
- Direct carbon savings from Waste into Wellbeing
- Why the indirect carbon benefits are far greater
- Why its significance may be greater still



# Carbon footprint

- A measurement of all of the greenhouse gases that an entity is responsible for, e.g.
  - A person
  - A business
  - A product
  - A flight or holiday
- Here's the footprint of the average person in the UK



Source: Small World Consulting



# The two main methods for measuring carbon



ACTIVITY-BASED  
METHOD



SPEND-BASED  
METHOD



# Activity-based method

- Using data on activity – electricity used, miles travelled, food sent to landfill
- ‘Emissions factors’ tell us how much carbon different types of activities produce
- Activity data x Emissions factor = Carbon emissions
- For example:

Activity data		Emissions factor		Carbon emissions
10,000 miles travelled in petrol car	X	0.3kg CO <sub>2</sub> e per mile	=	3,000 kg CO <sub>2</sub> e (3 tonnes)



# Spend-based method

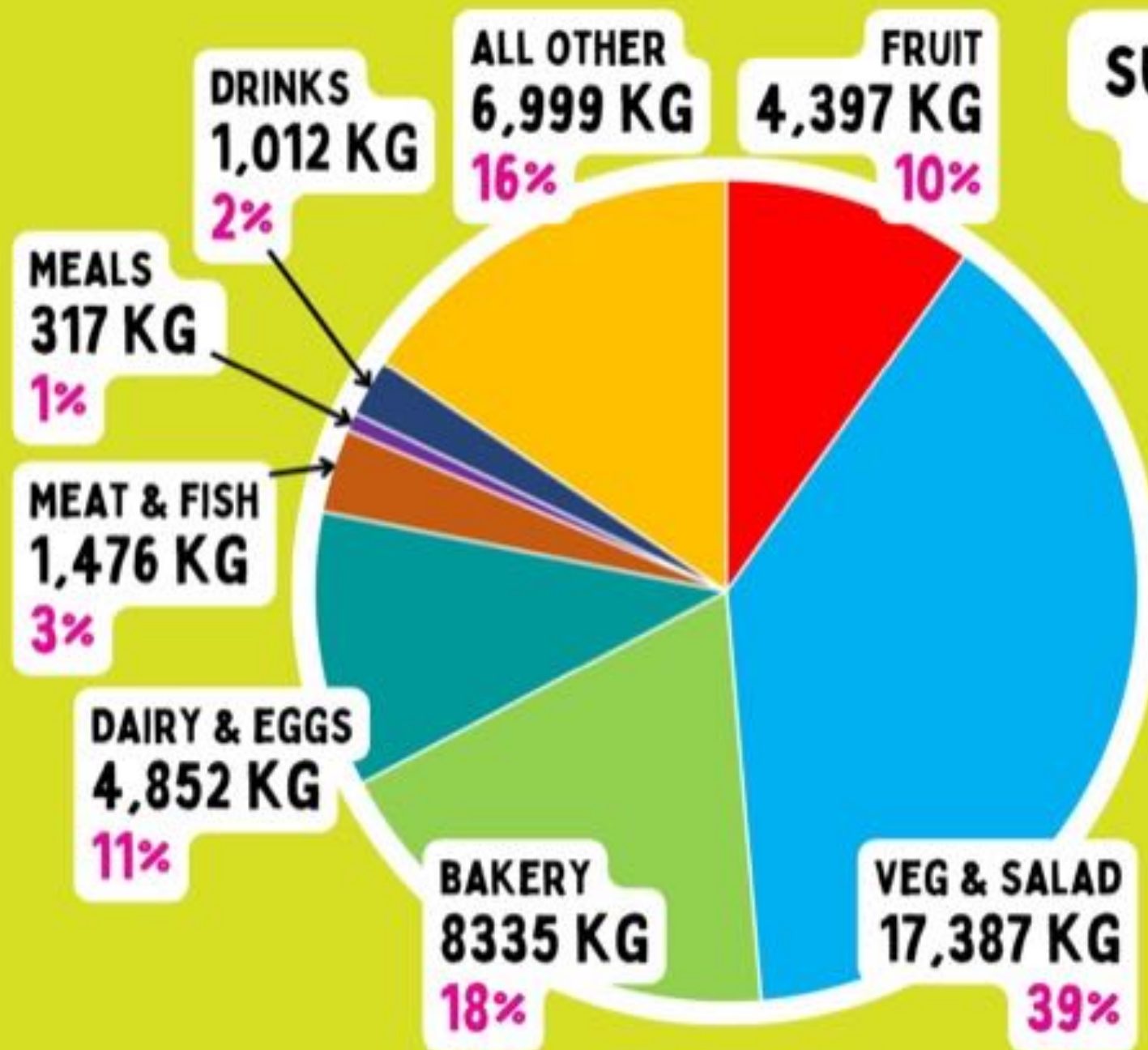
- Using data on spending
- 'Emissions factors' tell us how much emissions spending in different categories produces
- Spend data x Emissions factor = Carbon emissions
- For example:

Activity data		Emissions factor		Carbon emissions
£10,000 spent on advertising	X	0.2kg CO <sub>2</sub> e per £ spent	=	2,000 kg CO <sub>2</sub> e (2 tonnes)



# SURPLUS FOOD RE-DIRECTED 2022

**23.6 TONNES  
IN TOTAL**



**WASTE**  
  
**INTO  
WELLBEING**





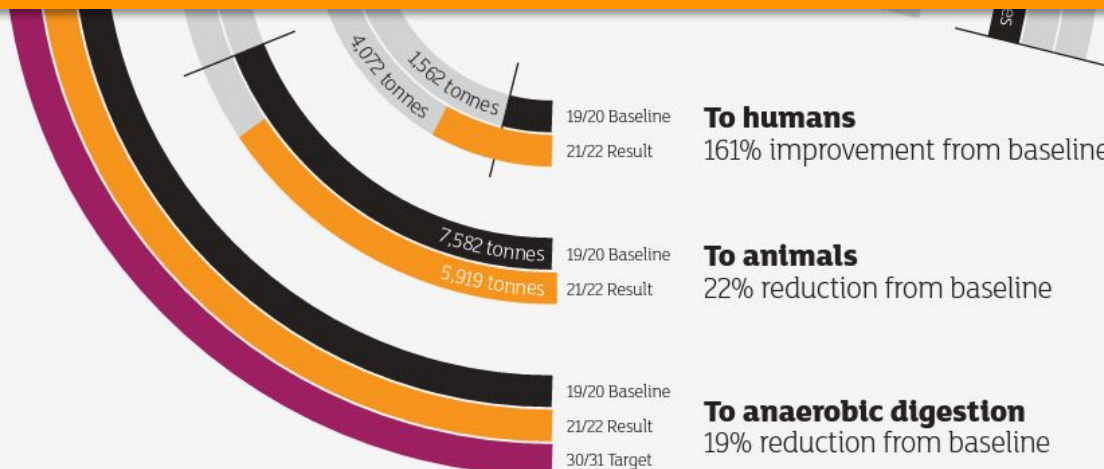
## Food Waste

Of the food waste from Sainsbury's that doesn't go to humans:

- 18.6% is used as animal feed
- 81.4% goes to anaerobic digestion (most of the resulting 'biogas' is used to generate electricity)



**25,483 tonnes**  
of food waste used for



**5,919 tonnes**  
of food waste was used for  
animal feed  
(a **25%** reduction from last year)  
This year we also trialled using  
surplus produce for animal feed.







Refuse	Household residual waste
	Organic: food and drink waste
	Organic: garden waste
	Organic: mixed food and garden waste
	Commercial and industrial waste

Composting	Landfill	Anaerobic digestion
Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit

	Unit	Re-use	Open-loop	Closed-loop	Combustion	Composting	Landfill	Anaerobic digestion
		Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit	Total kg CO <sub>2</sub> e per unit
	tonnes		0.9847	0.985			1.234	
	tonnes		0.985	0.985	21.2802			
	tonnes						5.913	
	tonnes		0.985	0.985			1.234	
	tonnes		0.985				1.234	
	tonnes		0.985	0.985			1.234	
	tonnes			0.985			1.234	
	tonnes			0.985			1.264	
	tonnes			0.985			17.577	
	tonnes			21.280	21.280			
	tonnes			21.280			71.950	
	tonnes			21.280				
	tonnes			21.280	21.280	8.911	828.014	
Other	tonnes		21.280	21.280	21.280		1,041.785	
	tonnes		21.280	21.280	21.280		8.883	
Refuse	tonnes			21.280	21.280		444.925	
	Household residual waste	tonnes			21.280		446.204	
	Organic: food and drink waste	tonnes			21.280	8.911	626.856	8.911
	Organic: garden waste	tonnes			21.280	8.911	578.940	8.911
	Organic: mixed food and garden waste	tonnes			21.280	8.911	587.326	8.911
Electrical items	Commercial and industrial waste	tonnes			21.280			
	WEEE - fridges and freezers	tonnes	21.280					
	WEEE - large	tonnes	21.280		21.280			
	WEEE - mixed	tonnes	21.280					
	WEEE - small	tonnes	21.280					
Metal	Batteries	tonnes	21.280					
	Metal: aluminium cans and foil (excl. forming)	tonnes	21.280	21.280				
	Metal: mixed cans	tonnes	21.280					
	Metal: scrap metal	tonnes	21.280					
	Metal: steel cans	tonnes	21.280					
Plastic	Plastics: average plastics	tonnes	21.280					
	Plastics: average plastic film	tonnes						
	Plastics: average plastic rigid	tonnes						
	Plastics: HDPE (incl. forming)	tonnes		8.911		626.856	8.911	
	Plastics: LDPE and LLDPE (incl. forming)	tonnes						
	Plastics: PET (incl. forming)	tonnes						
	Plastics: PP (incl. forming)	tonnes		8.911		578.940	8.911	
	Plastics: PS (incl. forming)	tonnes						
	Plastics: PVC (incl. forming)	tonnes		8.911		587.326	8.911	
Paper	Paper and board: board	tonnes						
	Paper and board: mixed	tonnes						
	Paper and board: paper	tonnes		21.280	21.280	8.911	1,041.785	



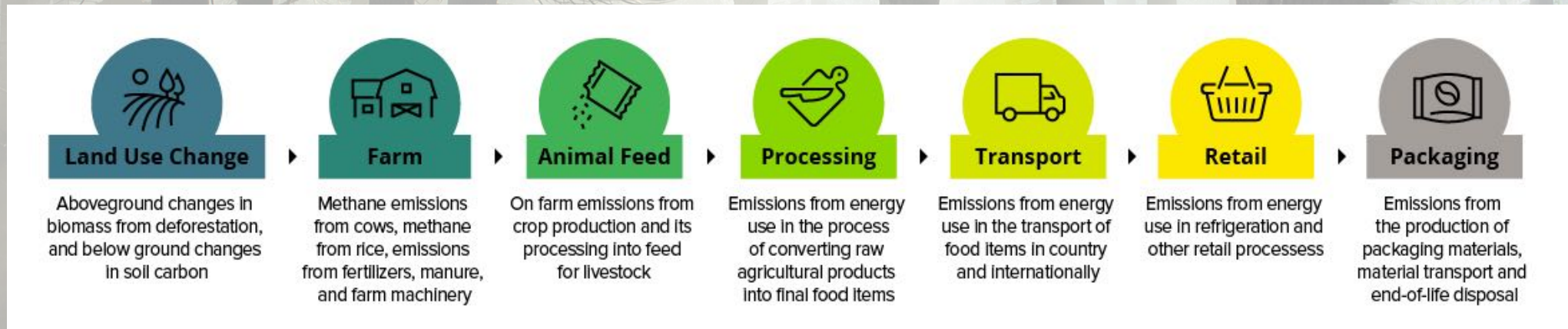
# Direct carbon savings

- If we assume that 70% of the food waste handled would have ended up in AD, 20% in landfill and 10% as animal feed
- 16.5 tonnes of food waste would otherwise have ended up going to Anaerobic Digestion – generating 147kg CO<sub>2</sub>e
- 4.7 tonnes would have otherwise ended up going to landfill – generating 2,959kg CO<sub>2</sub>e
- Total 3.1 tonnes CO<sub>2</sub>e
- Equivalent to driving 11,320 miles in an average-sized petrol car



# The real carbon benefits are far greater

- The food contains huge amounts of embodied carbon



- 87 tonnes CO<sub>2</sub>e for the food collected by Waste into Wellbeing (BEIS, 2022)
- We can feed animals and generate electricity in a much lower carbon way than by using food waste
- Disrupting a system that allows high carbon food to be fed to animals and generate electricity is where the biggest carbon benefits lie
- But quantifying that is for someone cleverer than me!





“We live in a time of multiple overlapping crises: we have a health emergency; we have a housing emergency; we have an inequality emergency; we have a racial injustice emergency; and we have a climate emergency, so **we’re not going to get anywhere if we try to address them one at a time. We need responses that are truly intersectional.**” (Naomi Klein)



# Climate Change 2023

## AR6 SYNTHESIS REPORT

"The solution [to the climate emergency] lies in climate resilient development. This involves **integrating measures to adapt to climate change with actions to reduce or avoid greenhouse gas emissions in ways that provide wider benefits.**"


(IPCC Sixth Assessment Summary Report, March 2023)



# Waste into Wellbeing

- The project is primarily climate-focused
- But it would appear to deliver some wider outcomes very well:
  - Food poverty
  - Health
  - Fuel poverty
  - Community / wellbeing
- If SLACC were solely focused on the climate emergency they would risk limiting:
  - Their supporter base – those facing any of the more immediately pressing emergencies are likely to be disinterested in supporting you
  - Their impact – the most effective action on climate also delivers wider benefits – better jobs, reductions in poverty, improvements in health & wellbeing



A misty forest scene with tall, thin trees and sunlight filtering through the canopy. The text "Climate justice is multitasking" is centered in the middle of the image.

“Climate justice is multitasking”





# Thank you

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